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**IN - PATIENT SURGERY INSTRUCTIONS**

Patient's Name: \_\_\_\_\_

Hospital/ Facility: \_\_\_\_\_

Date Of Arrival \_\_\_\_/\_\_\_\_/\_\_\_\_ Time Of Arrival \_\_\_\_: \_\_\_\_AM/PM

Date Of Surgery \_\_\_\_/\_\_\_\_/\_\_\_\_ Time Of Surgery \_\_\_\_: \_\_\_\_AM/PM

- Your orders for pre-operatives studies and admission forms are enclosed. Please take them with you at the time of registration and pre-operative work-up. These studies may include Blood Work, EKG, and Chest X Ray. If you have HMO insurance, please contact them regarding participating facilities and guidelines for Pre-Operative studies for In-Patient Procedures.
  
- Pre-Operative studies are to be done at your participating Hospital / Facility at least 48 hours prior to surgery.  
ATTN: Hill Physicians patients  
Hill Physicians medical group is only contracted with Nor-Cal Imaging and Quest Diagnostics for X-Ray and Blood Work. If you go to any other facility without authorization you will be billed for the services rendered. It is ok to use the Hospital where surgery will be performed.
  
- 8 hours prior to surgery **DO NOT** eat or drink anything (including water). You may take oral medications with sips of water. **IMPORTANT: RESTRICT BLOOD THINNING MEDICATION FOR ONE-WEEK PRIOR TO THE SURGERY.** This includes aspirin and anti-inflammatory medications. If you take these medications for pain please contact your surgeon or PCP for a replacement or directions.
  
- The Nurse Case Manager will attend to your special needs after discharge from the hospital.
  
- NOTE: you have a Post-Operative visit at our office on \_\_\_\_/\_\_\_\_/\_\_\_\_. If no appointment has been scheduled please call the office after surgery. If you need to re-schedule please give 24-hour notice to avoid charges.
  
- Please contact our office with any new or up-dated information.