

Bay Area Colon & Rectal Surgeons

Samuel C. Oommen, M.D Ran Kim, M.D.

Brian McGuinness, M.D.

365 Lennon Lane, suite 290

Walnut Creek, CA 94598

(925) 274-9000

INFORMED CONSENT FOR FLEXIBLE SIGMOIDOSCOPY

It is possible to visualize the inside of the rectum and part of the colon (lower bowel) with a flexible fiber optic tube (flexible sigmoid scope). This examination is very helpful in evaluating patients with lower abdominal pain, abnormal bowel habits, and rectal bleeding. In addition, since most tumors, benign or malignant, occur within reach of this instrument, it is a very good screening test.

After preparation of the bowel with enemas, the flexible sigmoid scope is inserted directly into the rectum and advanced gradually into the colon. To facilitate this process, your colon may be distended with air by injecting it through the sigmoid scope. Some bloating or cramping may be felt during the process. If necessary, small samples of tissue may be removed for microscopic examination (biopsy) during your procedure. There is no discomfort associated with this.

The examination requires 5-15 minutes. You may have mild bloating afterward, but there are usually no other side effects. Complications are very, very rare but can include bleeding or perforation of the bowel. This could require transfusions for surgery. Complications may result from almost any medical procedure. It is good medical practice to inform patients about any procedure or test they are having done. Consequently, you are asked to read and sign this form to indicate that you understand.

Date _____ Signature _____

Witness _____